



# Friday 24<sup>th</sup> March 2023

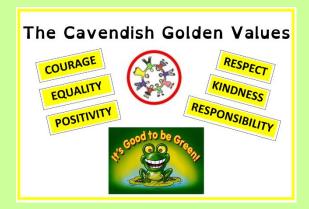
www.cavendish.manchester.sch.uk www.cavendishpta.org.uk

@CavendishM20

office@cavendish.manchester.sch.uk

#### Good to be Green

At Cavendish we love being green when it comes to how we behave. We think it's great to be GREEN but even better to be GOLDEN...



Each class has a frog mascot who represents all of our values.

Check out one of the Good to be Green class frogs, it even has it's own crown and thrown!



## Diary Dates

28<sup>th</sup> & 29<sup>th</sup> March - Parents' Evenings 30<sup>th</sup> March - Easter FUN day! (bonnet parade and egg competition) 31<sup>st</sup> March Coffee Morning 9:10am 31<sup>st</sup> March Come & Play RLW 31<sup>st</sup> March - Finish for Easter holidays 17<sup>th</sup> April - Return to school

#### Medication

This is a reminder that school can only accept and administer medication which has been prescribed, including hay fever medication. A prescribed medication form (from the Office) also needs to be completed by the Parent/Carer. If your child needs regular hay fever medication at this time of year, please ask your doctor for a prescription. We thank you for your support.

### End of the day messages

Please can we remind you that messages for children about home time arrangements need to be given to the school office by 2pm. After this time, it is very busy and therefore difficult for office staff to pass on the message. The same applies if you need to collect your child early – please inform school as soon as possible, or before 2pm that day (unless it is an emergency).

## End of the day picking up children

Youngest children to be collected first please at 3:10pm before going to the gates of older siblings.



The Cavendish Values





# Cavendish News



#### Cavendish Coffee Morning

We would like to have a coffee morning next Friday (31st March) before we finish for the Easter holidays.

All are welcome!

Next half term we will be holding a coffee morning every Friday – please come along to meet other parents, meet staff members or share ideas.

#### Easter Reminder...

Easter Bonnet Parade for Nursery, Reception, Y1 & Y2 – Thursday 30th March.

Egg Decorating Competition for years 3, 4, 5 & 6 – Thursday 30th March.



#### **Healthy Tip of the Week**



#### Healthier food swaps

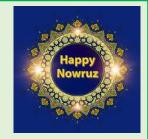
These simple food swap ideas at Better Health can help cut down on sugar, salt and fat in your and your family's diet, plus discover easy ways to make a swap when you next shop. Even just 1 or 2 everyday swaps can really make a difference and go a long way to making each day healthier – but the more you make, the better!

https://www.nhs.uk/healthier-families/food-facts/healthier-food-swaps/



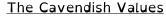
#### **Happy Iranian New Year!**

It's Iranian New Year (New Year's Day was on the 20th) this week, so lots of celebrations are going on. One of our Cavendish families got in touch to tell us all about it and why it is important to them...



The first day of the Iranian new year is called Nowruz. Nowruz means

New —a new start to the year, which is celebrated on the first day of spring and represents new life. Nowruz is celebrated for 13 days, so all the Iranians across the world celebrate this important festive time and on the 13th day they go out. The 13th day is called (Sizdah Bedar) also known as Nature's Day and an Iranian festival is held annually on the thirteenth day of Farvardin, the first month of the Iranian calendar, during which people spend time picnicking outdoors. It marks the end of the Nowruz holidays in Iran.







### **Easter Holiday Activities**

# MCRactive

The Easter Holidays are fast approaching. MCRactive and Manchester City Council are offering thousands of FREE places for children eligible for benefits-related free school meals. Activities will range from Sport and Physical Activities, Arts and Crafts and much more. In addition to the activities, their booked place will include a FREE meal during the day.

For more information & amp; to book your child's space\*:

You will need to sign up for an MCRactive Go account <a href="https://www.mcractive.com/">https://www.mcractive.com/</a>

(sign in) to book free February Half Term activities. Once signed up, log into your account – Find Activities – Search by Category 'MCR Holiday Activity'. Use code: 62449 to book free eligible activities.

\*Please only book your child onto a holiday camp if they will be attending. Spaces at each camp are limited. If you book a space and your child can no longer attend, please cancel your space as far in advance as possible, to allow the opportunity for another child to take their space at the activity and free meal.

Kind Regards MCRactive



At CommuniTree, we facilitate a nurturing and safe environment for children to play, explore and take risks at their own pace and rhythm. Through hands-on outdoor play, children develop confidence, self-esteem and resilience. Activities at Dunham Massey holiday club: Den building Tree climbing Foraging and cooking Visit to the kitchen garden Story-telling and music Crafting with tools Woodland unstructured play **Bank Holiday Offer** £42 per day (Normal price £48) · Range of childcare vouchers and tax free childcare accepted Families that are eligible for universal credit could claim back up to 85% of childcare costs For more information, please visit: communitree.co.uk/dunham-masseu communitree.co.uk | 0800 086 8837

RESPECT EQUALITY POSITIVITY
RESPONSIBILITY KINDNESS COURAGE

