



Friday 5th January 2024

www.cavendish.manchester.sch.uk www.cavendishpta.org.uk

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19th Jan: Y3 visit from Volcano expert Jack Campbell

2nd Feb: NUMBER DAY

2nd Feb: PTA Disco Y1-6

6th Feb: Safer Internet Day

8th Feb: Y5 visit from

Wonderdome planetarium

9th Feb: Y1 Chester Zoo Trip

14th Feb: 3MT class assembly

16th Feb: 5NC assembly

Happy New Year!

A warm welcome back after the holidays. We wish everyone a Happy New Year. It has been a delight to welcome the children back into school. The focused, friendly way in which they have returned has been BRILLIANT!

The GOLDEN value we are focusing on this half term is POSITIVITY! And that's just what we will be encouraging the children to bring to

their learning and play. We look forward to a great spring term and as always, thank the BRILLIANT Cavendish families for their support.





The whole school attendance for last term was 95.4%. Our goal is to support ALL children to be in EVERYDAY.

We expect children to be in school every day unless they are too ill to attend. Please ensure all non-urgent medical appointments are made outside normal school hours.

Here is more information from the NHS about when to keep your child off school for illness and when they are ok to attend...

https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/

Snacks

As a Healthy School we ask that children bring in fruit and vegetables only for their snack at breaktime. It is a great way for the children to try different foods, whilst also getting some of their 5-a-day into their diet.





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<u>Cavendish News</u>



Healthy Tip of the Week - here's to a HAPPY January!

Jappier January 202

SUNDAY

MONDAY **TUESDAY**

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Find three things to look forward to this year

Make time today to do something kind for yourself

Do a kind act for someone else to help brighten their day

Write a list of things you feel grateful for and why

Look for the good in others and notice their strengths

Take five minutes to sit still and just breathe

Learn something new and share it with others

Say positive things to the people you meet today

Get moving. Do something active (ideally outdoors)

Thank someone you're grateful them why

Switch off all your tech at least an hour before bedtime

Connect with someone near you - share a smile or chat

different route today and see what you notice

Eat healthy food which really nourishes you today

Get outside and notice five things that are beautiful

Contribute positively to your local community

Be gentle with yourself when vou make mistakes

Get back in contact with an old friend

what's good, even if today feels tough

Go to bed in good time and allow yourself to recharge

Try out something new to get out of your comfort zone

Plan something fun and invite others to join you

Put away digital devices and focus on being in the moment

Take a small step towards an important goal

Decide to lift people up rather than put them down

Choose one of your strengths and find a way to use it today

Challenge your negative thoughts and look for the upside



Ask other people about things they've enjoyed recently

Say hello to a neighbour and get to know them better

See how many people you can smile at today

Write down your hopes or plans for the future









ACTION FOR HAPPINESS

Happier · Kinder · Together

Road Safety Poster: winning entry by Harper Y1

Please be safe when driving & parking near school...



Creating BRILLIANT Citizens

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RESPECT **EQUALITY** POSITIVITY RESPONSIBILITY **KINDNESS** COURAGE







Cavendish Golden Value...EQUALITY!

Following on from our participation in the campaign Show Racism the Red Card, we are offering the children the opportunity to take part in an exciting competition! More information has been emailed and shared on Class Dojo. GOOD LUCK!

Show Racism the Red Card Competition 2024

The Show Racism the Red Card (SRtRC) School Competition is free to enter, open to young people of all ages and abilities and is a great follow-on activity to educational work about racism. We want to encourage participants to think about racism and produce their own work about this serious issue. Young people are welcome to produce work in any medium artwork, creative writing, song, film, music, as well as football boot and T Shirt designs. If it's about tackling racism, we want to see it!

An independent panel of judges select the winning entries and winners are invited to a special Awards Ceremony at a Premier League stadium. Prizes are presented by special guests including current and former professional footballers.

- Artwork must not exceed A3 size (297 x 420mm)
- Music entries must not exceed 5 minutes & must be playable in MP3 or MP4 format
- Film entries must not exceed 6 minutes & must be playable in Windows Media Player
- Group entries are permitted but limited to a maximum number of 6 young people per group



Templates for the football boot and T-shirt designs can be requested from the class teacher.

All entries to be returned to school by Friday 16th February 2024.

Please supply the following information on the reverse of each entry:

Name of entrant

Year group

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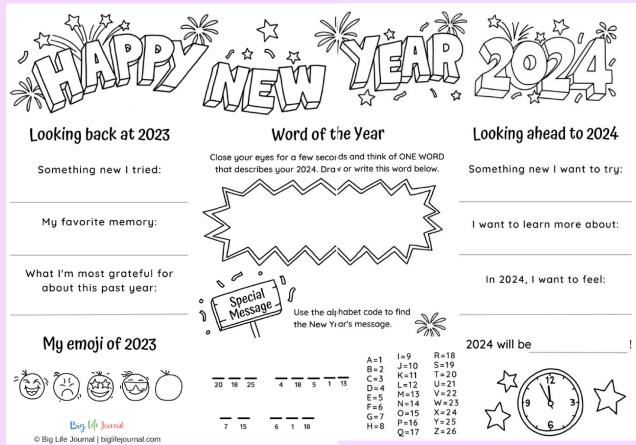
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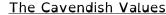












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