



PE Curriculum Coverage 2023-2024



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to PE	Gymnastics	Dance	Fundamental Movement	Ball Skills	Games
Reception	Introduction to PE	Gymnastics	Dance	Fundamental Movement	Ball Skills	Games
Year 1	Games (Throwing and Catching) Fundamental Movement	Invasion Games Dance (1SH) Gymnastics (1AM and 1CK)	Yoga Target Games	Ball Skills Dance (1AM) Gymnastics (1SH) Striking and Fielding (1CK)	OAA/ Teambuilding Net and Wall Games - Tennis	Striking and Fielding – Cricket (1SH and 1AM) Dance (1CK) Athletics
Year 2	Fitness Fundamentals Movement	Yoga Invasion Games	Gymnastics Dance	Striking and Fielding Games – Cricket Ball Skills	Target Games OAA/ Teambuilding	Net and Wall Games – Tennis Athletics
Year 3	Fundamental Skills Hockey	Gymnastics Tag Rugby	Dodgeball Dance	Tennis Yoga	Rounders Basketball	OAA/ Teambuilding Athletics

Year 4	Swimming Football	Swimming Handball	Swimming Tennis	Swimming Golf	Swimming Cricket	Swimming Athletics
Year 5	Tag Rugby Volleyball	Gymnastics Dodgeball	Archery Badminton	Dance Netball	OAA/ Teambuilding Hockey	Rounders Athletics
Year 6	Basketball OAA/ Teambuilding	Volleyball Yoga	Gymnastics Fitness	Golf Cricket	Lacrosse Dance	Badminton Athletics