



Friday 19th
January 2024

www.cavendish.manchester.sch.uk www.cavendishpta.org.uk

@CavendishM20

office@cavendish.manchester.sch.uk

Diary Dates

2nd Feb: NUMBER DAY

2nd Feb: 1AM Class Assembly

2nd Feb: PTA Disco Y1-6

5th Feb: Children's Mental Health Week

6th Feb: Safer Internet Day

8th Feb: Y5 visit from Wonderdome planetarium

9th Feb: Food Bank Collection

9th Feb: Y1 Chester Zoo Trip

14th Feb: 3MT class assembly

16th Feb: 5NC assembly

A FROSTY week at Cavendish!

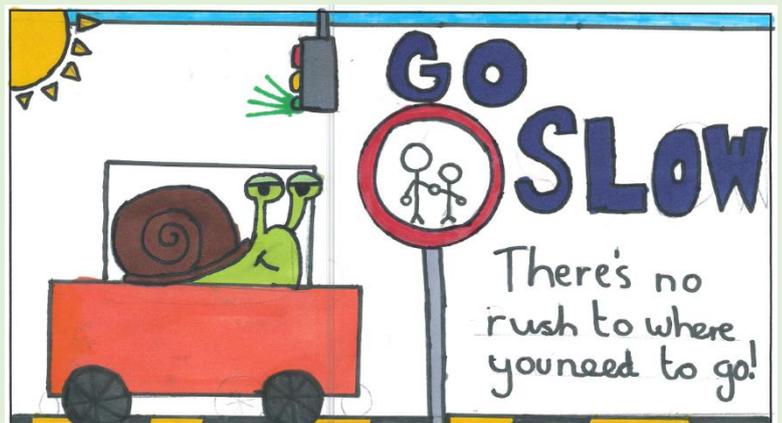
It's been great seeing the children playing in the snow and exploring how the weather has changed their outdoor learning spaces.

Please send children in with a waterproof coat next week for the Predicted wet forecast.



Road Safety Poster: winning entry by Jeena in Y6

Please be safe when driving & parking near school...



The Cavendish Values

Creating **BRILLIANT** Citizens

RESPECT EQUALITY POSITIVITY
RESPONSIBILITY KINDNESS COURAGE





Foodbank Items Needed



The PTA and the schools UNICEF Rights Respecting Council are working together to collect items for Chorlton & Didsbury Foodbank.

What we need:

Long Life Fruit Juice, Tinned Fruit, Tinned Meat, Coffee, Pasta Sauce, Jam, Chocolate, Toiletries

Please ensure all items are in date. All donations will be gratefully received but please **no** fresh, frozen or refrigerated items.

Please bring items to school at drop off on Friday 9th February

Community Cavendish

As a Rights Respecting School we are proud to be working together with local charities to ensure article 27 of children's rights is carried out. We will be taking food donations for Chorlton & Didsbury Food Bank.



swap-a-book

Room 4
at The Didsbury Parsonage
Stenner Lane, Didsbury, M20 2RQ

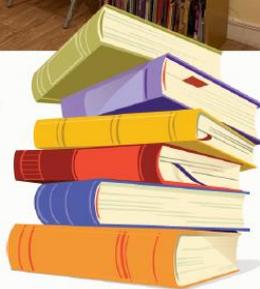


We are open every day.
Mon-Sat. 9.30-4pm
Sun. 10am-5pm

- Children can Swap-a-Book and go OR chill with a book on our comfy beanbags.
- Colouring sheets also available.
- Grab a hot drink from our *self-service RIJO coffee-machine.

*contactless payments only

DIDSBURY PARSONAGE TRUST



Cavendish Coffee Morning



Everyone is welcome!

Friday mornings 9:05am - 10:05am

Annex Building

*please come through the main school office and sign in

Meet new people.
Feel part of the community.
Babies and toddlers welcome.



Get to know the Cavendish staff as they drop by for a coffee and a chat.

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We're pleased to announce the winner of the November Cavendish Calendar competition is school Dad, Ben Hirsch. This photo was taken at our record-breaking bonfire night! If you'd like to enter a photo to be considered for December and January email a high resolution image to enquiries@cavendishpta.org.uk and include the photographers name.

For full T&Cs go to <https://www.cavendishpta.org.uk/photography-competition-tcs>

Tickets are now on sale for the KS1 & KS2 Disco on Friday 2nd February. We will be holding a disco for nursery and reception children in March (tickets will be on sale in February). Tickets = <https://www.cavendishpta.org.uk/events/disco-2024>

KS1 & KS2 Disco

Yr 1,2,3
4.30pm - 5.45pm

Yr 4,5,6
6.15pm - 7.30pm

Rhodes Building

Tickets available from www.cavendishpta.org.uk/events/disco-2024

Tickets £6
(includes sweets and glitter tattoo)

Please bring a bottle for water. If you would like to attend with your child you will need to volunteer for the event. Ask your class representative for more information.

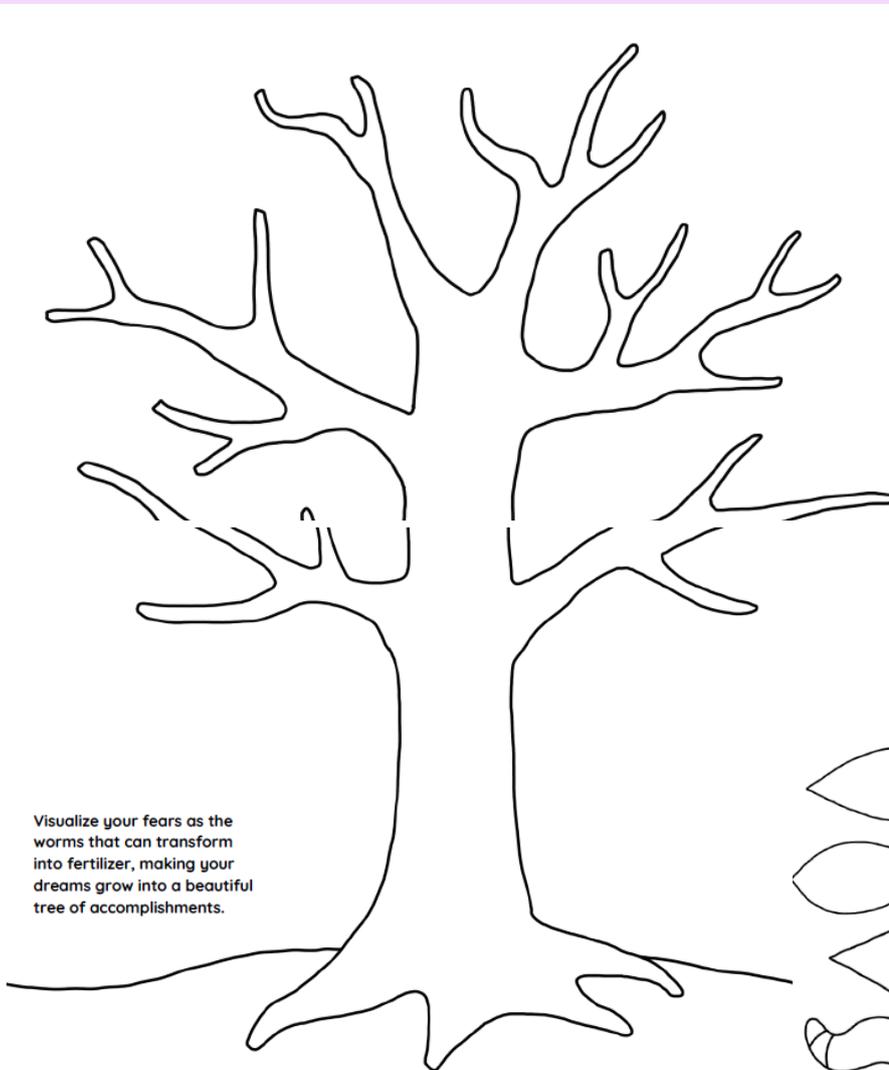
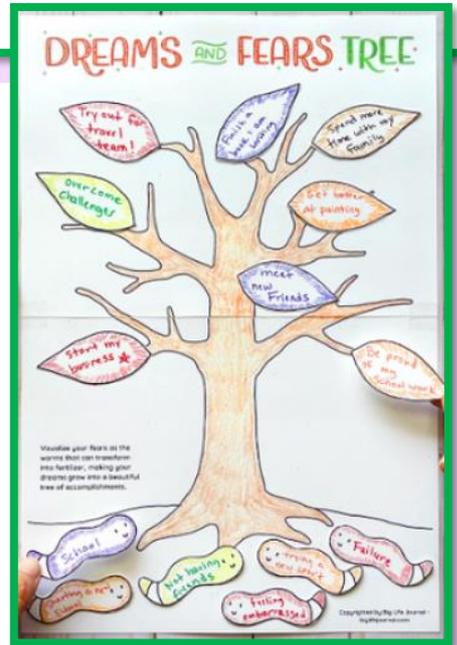


GROWING BRILLIANTLY

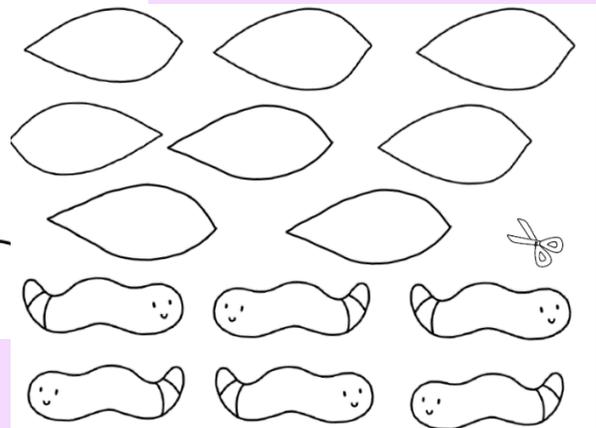
DREAMS AND FEARS TREE

We all have BIG DREAMS! And we also have fears...But our fears don't have to stop us from getting to our dreams. They can actually HELP us grow as we push through them!

In this fun craft, you will create your own Dreams and Fears Tree. You will write down your dreams and goals on the leaves and your fears and doubts on the worms. Remember that worms help trees grow stronger and taller!



Visualize your fears as the worms that can transform into fertilizer, making your dreams grow into a beautiful tree of accomplishments.





KEEPING SAFE & BEING HAPPY

Top Tips for SETTING BOUNDARIES AROUND GAMING

If your child loves video games, then you'll probably be aware that how long they spend gaming – and what they're actually playing – can occasionally become a source of concern or conflict. The UK's trade body for interactive entertainment, Ukie, has recently launched a campaign to promote safer and more responsible gaming among young people – with parents and carers helping by setting sensible and fair boundaries. Our guide has tips on key areas where you could agree some healthy ground rules for your child's gaming activity.

PROMOTE SAFER GAME CHOICES

Deciding which online games are OK – and which should be avoided – is tricky. Some titles allow children to cooperate or compete with strangers, which creates potential risks. Watching your child play online for a while could provide more insight into a particular game, while the parental controls on most consoles allow you to limit who can chat to your child or send them friend requests. Remind your child of the hazards around strangers online when you discuss this boundary with them.

ENCOURAGE REGULAR BREAKS

Help your child understand the need to take regular breaks, playing in shorter bursts rather than marathon sessions. Bear in mind that some games (such as role-playing games) require time investment from the player, while others (online team games, for example) can't be stopped or paused at a moment's notice. A quick break every hour or so is good practice, and you could suggest some things to do in these breaks, such as having a drink of water or getting some fresh air.

AGREE SPENDING LIMITS

There's no doubt that gaming can be expensive, and younger players often don't realise how much paying for digital items and subscriptions can add up to. Many young gamers love to buy new skins or upgrades for their character, so you could settle on a fixed amount that your child is allowed to spend on in-game items each week or month. This sort of boundary will not only help your child to manage their expectations but will also make you more aware of the price of these items.

DISCUSS AGE RATINGS



Children often ignore the age ratings on games – or are unaware they even exist. If you're happy with your child playing a particular game even though it's rated above their age, then establish that as a boundary: emphasise that you've made an exception, and talk about what age ratings mean and why they're important. You could add context to this boundary by browsing games' boxes together while shopping, discussing why some games might have earned certain age ratings.

FACTOR IN FRIENDS

If your child is a keen video gamer, the chances are that they'll have other gamers among their social circle, too. When friends visit, do they instantly dash to their console or computer? You could put boundaries in place before their guests arrive by agreeing on a length of gaming time. Bear in mind, though, that they may try to extend this once they're together. Try coming up with activities or challenges for them during screen breaks – if they join in, they earn a little extra time on their game.

ENJOY GAMING TOGETHER

Setting time aside to play video games together can be an enjoyable bonding exercise. Undeniably, some young gamers may be less enthusiastic about a parent or carer joining in, but it can be a productive way of encouraging them to share their hobby with you. Setting goals or tasks might be useful: if they love Minecraft, choose something to build together; if Fortnite's their favourite, ask to try out some of the fun game modes, like Prop Hunt, which don't require high skill levels.

TALK ABOUT EMOTIONS

Help your child to monitor their emotions as they play. Discuss what is (and isn't) an acceptable level of competitiveness to show while gaming. Are they allowed to trash talk other players, for example? Can they notice when they get angry if they lose? Do they think these emotions are healthy? Some games can provoke anger, but others can bring joy, humour and the thrill of overcoming a challenge. Try to steer your child towards games that tend to produce these more positive feelings.

BE PREPARED FOR TROLLS

A frequent problem when gaming online is other players who are deliberately troublesome. Make sure your child knows how to report and block someone who makes their experience a negative one. Between you, decide if or how they should deal with these online trolls. Talk about where your child's boundaries are in terms of what they think is acceptable: what behaviour by others is merely frustrating, and what crosses the line to become upsetting or abusive.



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